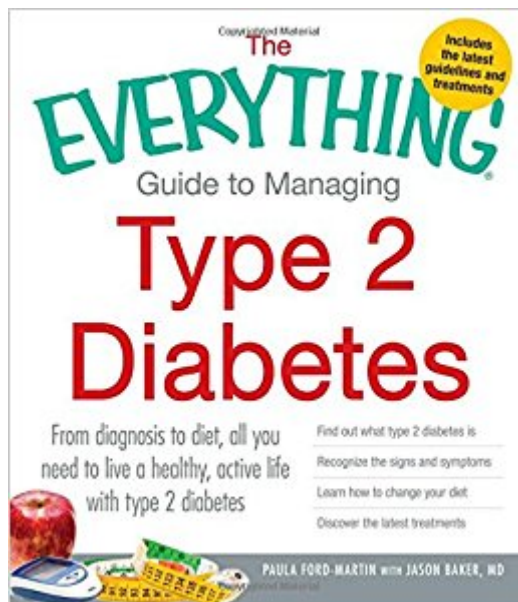


The book was found

The Everything Guide To Managing Type 2 Diabetes: From Diagnosis To Diet, All You Need To Live A Healthy, Active Life With Type 2 Diabetes - Find Out ... Your Diet And Discover The Latest Treatments



Synopsis

Diabetes is a complex disease--but learning about it shouldn't be! A Type 2 diabetes diagnosis can be daunting, but it is also manageable. With this all-in-one guide, you will get expert advice on establishing a healthier lifestyle and getting control of your diabetes. The Everything Guide to Managing Type 2 Diabetes provides easy-to-follow advice on all aspects of living with diabetes, and helps you:

- Recognize the symptoms of prediabetes and diabetes
- Monitor your blood glucose levels
- Learn about the types of insulin and insulin-delivery systems
- Understand the importance of nutrition and exercise
- Reduce the short- and long-term effects of diabetes

Filled with reliable advice and the latest information on medication, therapies, blood sugar monitoring, and more, this invaluable guide shows you how to take control of your diabetes and enjoy your life!

Book Information

Series: Everything®

Paperback: 304 pages

Publisher: Everything; 1 edition (December 18, 2012)

Language: English

ISBN-10: 1440551960

ISBN-13: 978-1440551963

Product Dimensions: 8 x 0.7 x 9.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 18 customer reviews

Best Sellers Rank: #365,380 in Books (See Top 100 in Books) #28 in Books > Health, Fitness & Dieting > Diets & Weight Loss > American Diabetes Association #3772 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments

Customer Reviews

Paula Ford-Martin is an award-winning health writer and diabetes patient advocate. Her seven-year tenure as a senior story editor and executive producer on CNBC's dLifeTV--the first and longest-running primetime diabetes television show--garnered her twenty-six Telly Awards and an Emmy nomination. She is also the author of several health books, including The Everything Health Guide to Diabetes and The Everything Pregnancy Book, 3rd Edition. Ms. Ford-Martin has a master's degree in writing from DePaul University and is a member of the American Medical Writers Association (AMWA) and the American Diabetes Association (ADA). She lives in Old Saybrook, Connecticut, with her husband and four children. Jason Baker, MD, is currently an attending

endocrinologist and assistant professor of medicine at Cornell Medical College. He completed an internal medicine residency at New York University and a fellowship in diabetes, endocrinology, and metabolism at Albert Einstein College of Medicine/Montefiore Medical Center. Dr. Baker is involved in numerous global diabetes projects in Uganda, India, Qatar, and Haiti. He also serves as a contributing author to The Medical Letter and a contributing editor to dLife.com, a website devoted to living with diabetes.

Very helpful and informative, without being too overwhelming. There's SO much information - and misinformation - out there about Diabetes management, and this is one of the better books I've found. I'm also working closely with a clinical dietitian, and the things I'm learning from her are in this book.

Arrived promptly, in good condition and it is a very easy guide to Type 2 Diabetes. I was diagnosed over 3 years ago, but this still had a lot of information that I wasn't aware of even though I am signed up on several Diabetic websites. Very insightful and doesn't require being plugged into the internet to view.

Great book, words can not describe how good this book is. Helped me so much. Makes me cry, thinking ã ã ã- how it has helped me.

Very informative and well written.

Very good for non medical people

Bought for my mum. She said the book was too intense. It scared her about living with diabetes.

My wife gave this recently to a friend of hers who was diagnosed with Type2 Diabetes. It very helpful to her friend and helped her in knowing more about and what to do with this very challenging situation.

Extremely helpful book. It filled in the information gaps my doctor didn't have time to tell me. Written in language that non - medical people can understand.

[Download to continue reading...](#)

The Everything Guide to Managing Type 2 Diabetes: From Diagnosis to Diet, All You Need to Live a Healthy, Active Life with Type 2 Diabetes - Find Out ... Your Diet and Discover the Latest Treatments Type 2 Diabetes:The Type 2 Diabetes Guide With Powerful Type 2 Diabetes Tips (Free Checklist Included)[Type 2 Diabetes, Type 2 Diabetes Cure,Type 2 Diabetes Diet, Diabetes Diet, Diabetes Magazine] TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ... DIABETES,diabetic cookbook,type 2 diabetes) BLOOD TYPE DIET : Eat recipes according to blood type(blood diet,blood type diet o,blood type diet b,blood type cookbook,blood type a diet,blood type a cookbook,blood type ab,blood type book) Diabetes Diet:: Lower Your Blood Sugar Naturally (Diabetes Diet, Diabetes for Dummies, Diabetes Cookbooks Free, Diabetes Type 2, Diabetes Destroyer, Diabetes Solution, Diabetes Cure) Reverse Diabetes: Stop Diabetes Without Drugs (Type 1 and 2 Diabetes, Symptoms, Diabetes Cure, Diabetes Solution, Diabetes Cookbook, Diabetes Diet, Diabetes Nutrition) Diabetes: Reverse type 2 diabetes, lower your blood sugar, and live a healthier life in 12 simple steps (Diabetes, Type 2 Diabetes, Blood Sugar, Sugar, Insulin, Fat, Diet, Unhealthy Diet, Book 5) Diabetes: Step by Step Diabetes Diet to Reverse Diabetes, Lower Your Blood Sugar and Live Well (Diabetes, Diabetes Diet, Diabetic Cookbook, Reverse Diabetes) Diabetes: Fight It with the Blood Type Diet: The Individualized Plan for Preventing and Treating Diabetes (Type I, Type II) and Pre-Diabetes (Dr. ... Eat Right 4 Your Type Health Library) DIABETES Killer Formula: The Miraculous Guide Will Fully Reverse Your Diabetes and In A Natural Way. (Diabetes Diet, Diabetes Recipes, Diabetes Cure, Reversing ... 2 Diabetes, Diabetes Destroyer,) Diabetes: The Most Effective Diabetic Superfoods To Reverse And Prevent Diabetes (Diabetes Diet, Diabetes Cure, Insulin, Type 2 Diabetes, Reverse Diabetes) Diabetes: Reverse Diabetes In 4 Weeks With Proven Step By Step Methods And Superior Strategies (+ Bonus Cheatsheet) (Diabetes Diet, Diabetes Type 2, Diabetes Cookbook, Insulin, Diabetes Solution) Diabetes Diet Cookbook: Delicious Low Carb Recipes For Diabetics (Diabetes Miracle Cure, Lower Blood Sugar, Diabetes Desserts) (Diabetes Cookbook, Diabetes ... Type 2 Diabetes, Lower Blood Sugar) Diabetes: Diabetes Black Book: Reverse Diabetes Forever With 25 Superfoods (Reverse Diabetes, Diabetes Diet, Diabetes Cure, Insulin, Diabetes recipes) Diabetes: 2017 The Secrets About Diabetes that You Never Knew (Diabetes Diet,Reverse Type 2, Diabetes Insulin Resistance, Diabetes Cure, Lower Blood Sugar to Normal) Type 2 Diabetes: Take Control Of Your Blood Sugar Level Naturally With 39 High Fiber, Healthy Carb Diabetes Recipes-Maintain Healthy Blood Sugar And ... Cookbook, Diabetes Diet Plan) (Volume 7) Type 2 Diabetes: Take Control Of Your Blood Sugar Level Naturally With 39 High Fiber, Healthy Carb Diabetes Recipes-Maintain Healthy Blood

Sugar And Reverse ... Cookbook, Diabetes Diet Plan Book 6) Diabetes: Reverse Diabetes Naturally & Safely: The Simple & Effective Changes You Can Make In Order To Reduce Blood Sugar Levels & Cure Diabetes ... End Diabetes, Type 1 Diabetes, Insulin) Cure diabetes : Diabetic No More: Normalize Blood Sugar, Reverse Diabetes, and Say Goodbye to Drugs and Testing Forever (Symptoms Of Diabetes, Type 2 Diabetes, Reversing Diabetes, Diabetic Health) Atkins Diet: Atkins Diet For Diabetes-Low Carb High Protein Diet To Lower Your Blood Sugar & Lose weight-14 Day meal plan-42 Recipes (Atkins Diet Quickstart ... Diet,diabetes,reverse type 2,atkins)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)